



Bulletin – June 2016

Witness and spirituality

A Balanced Life

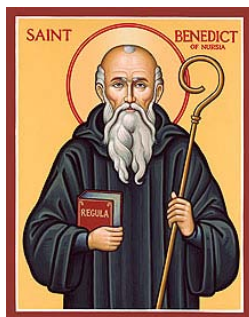
Rev Dr Gary Stuckey

“Come away to a deserted place all by yourselves and rest awhile.” Jesus’ invitation to the disciples to “come away... and rest” was given after they returned from a time of intense ministry. Jesus recognised the disciples needed a period of renewal and refreshment, so offered the invitation to spend some time aside.

Jesus modelled this pattern in his own life and ministry. His active life was punctuated with regular times of drawing aside. So we see him rising before dawn to go out and pray, withdrawing for a time of prayer, praying all night to maintain his deep connection with God, and to nurture his own inner being. Richard Rohr comments that Jesus had a pattern of alternating between the *desert* and the *city*. In the city he would minister through teaching and healing, but his energies would diminish, so he would retreat to the desert. In the desert he would connect with God, and then return to the *ministry of the city* with a clearer focus.

There come times for all of us when we need to take some time for refreshment and renewal. We may have been caught up in busyness, we may have had a period where expectations on us have diminished our energy, or we may sense God leading us in some new direction and we need time and a space to ponder what this may be. Or, there can be any number of other reasons that create a need to find a time and place for refreshment.

St. Benedict was another who knew the need for us to have balance in our lives. The wisdom of Benedict’s Rule was that he was able to advocate for keeping all the various aspects that make up our life in their proper place and proper balance. So there was time allocated for work and for prayer, for eating and resting, for studying. Not too much of one at the expense of another. Not too little of any so as to diminish that



which is necessary in life – keeping in balance the work of ministry and the times of refreshment and renewal we all need.

The **Urban Mission Retreat** at Stillpoint will allow you to spend time exploring the wisdom that comes to us from the Rule of St. Benedict. In coming to delve into Benedictine spirituality, we may be drawing on spiritual wisdom that is 1500 years old, but it is also timeless. It’s very longevity suggests an ageless wisdom that can speak to people in any time. In a world that has ever newer and more wonderful means for getting where we are going in life, perhaps people have begun to question the ends to which they are leading. In times of uncertainty we may need to retrace our steps back to a point where we became lost and find a reliable guide to direct our journeying. Many people are finding that reliability in Benedict. As we spend time with Benedict we too may well discover something of that wisdom. Please reply to: susan@urbannetwork.org.au, including any dietary requests.

Urban Mission Network Retreat Day 2016

Tuesday 28 June 2016,
9.30 am – 3.30 pm

Wisdom from St. Benedict

For 1500 years the Rule of Benedict has guided monastic life. In recent years the wisdom of this Rule is being embraced by people from all walks of life. Renowned for its gentleness, practical wisdom and balance, the Rule nurtures people along their spiritual journeys and guiding their paths of discipleship and ministry.

The retreat will explore, and offer opportunity to reflect on, key aspects of Benedictine Spirituality with a special focus on one aspect for which the Rule is renowned – leading a balanced life.

Led by **Rev Dr Gary Stuckey**

Stillpoint Spirituality Centre

5 Burnell Drive, Belair SA 5052

Cost: \$20. Morning and afternoon refreshments provided, but please bring your own lunch.

RSVP to susan@urbannetwork.org.au,
or phone 0412552703

Urban Mission Network – Diary Dates

Urban Mission Network August Gathering

Thursday 18 August

Mitcham Village
Uniting Church
103A Princes Rd,
Mitcham, SA 5062

6.00 pm for 6.30 pm – 9.00 pm

Guest speaker:
Rev Dr Amelia Koh-Butler

*Morning Tea for
Ministers*

**Tuesday, 20
September, 10.30 am**
Venue to be confirmed

**Workshop
for Church
Councils**
23 July 2016
10.00 am - 12.30
Pilgrim Uniting
Watch for details

Urban Mission Network November Gathering

Thursday, 24 November

Morialta Uniting Church

26 Chapel Street, Magill

6.00 pm for 6.30 pm. – 9.00 pm

*Guest speakers: Rev Wendy Prior
and Rev Mark Boyce*

News from Congregations and Centres

Yilki Uniting Church

28 Giles Street,
Encounter Bay
presents

*A pleasant
Sunday afternoon
musical concert*

**Sunday
3 July at 2 pm**

Featuring the
Fleurieu Male Choir
Plus special guest
artists: talented students
of music teacher
Anne Felstead
Admission: \$10 adults,
\$5 students/children
Afternoon tea included.
*Proceeds to Christian
Pastoral Support
Workers in schools.*
An opportunity to
learn more about their
valuable work.



Residential Retreat – The Life of the Beloved

Based on the writings of
Henri Nouwen

**Nunyara
Conference Centre
and Stillpoint House**

5 Burnell Drive, Belair

**from Friday evening
22 July – Sunday
lunchtime 24 July**

(optional extension to Monday
lunchtime 25 July)

Fully catered. Live-in or live-out.

Cost: \$110—\$280

For more information contact
8178 0048 or
stillpoint@internode.on.net or
access the brochure or
2016 Program at
www.stillpointsa.org.au

Reflect, Rest, Renew Quiet Days at Stillpoint

Fourth Wednesday and second
Saturday of each month, up to
and including November

Wednesdays	Saturdays
22 June	11 June
27 July	9 July
24 August	13 August
28 September	10 September
26 October	8 October
23 November	12 November

There is **no charge** for these
days but you are invited to make
a donation according to your
means to help the ministry of
Stillpoint.

For more information phone:
(08) 8178 0048 (Tuesday and
Thursday 10:00 am – 1:30 pm)
or
Gary Stuckey on 0488017187

Worshipping, celebrating



Musician in Residence

Michael Hawn is the Centre for Music, Liturgy, and the Arts Musician in Residence 2016.

Michael is an expert in worship and is well known in the areas of children's choirs, congregational song, and worship. He is an author and compiler of Christian music books, and has led worship all around the world, including being the Music Director for the IX Assembly of the World Council of Churches in Porto Alegre, Brazil.

Michael will be fairly busy during July. Be sure to attend one or more of the programs.

Michael's first stop was to go on the Adnyamathanha Spiritual Pilgrimage a video of the photos can be seen [here](#).



An opportunity to develop, write, score, and record your own song. An experience of creative community. **Michael Hawn** will provide special input on the shape and form of song as well as how song shapes our faith.

For more information and to book online go to: <http://cmla.org.au/courses.html#songwrite>



July 14 – 17 Musician in Residence 2016 in Victor Harbor

A cooperative venture of the CMLA and Newland, Yilki and Adare Uniting Churches

Workshop for worship leaders

Thursday 14 July 2 – 5 pm

Yilki Uniting Church
30 Gilles St, Encounter Bay

Cost: \$10, which includes afternoon tea
To attend this workshop, contact: Dawn White on 0418 845 989

Workshop for musicians

Friday 15 July 2 – 5 pm

Adare Uniting Church
6 The Drive, McCracken

Cost: \$10 which includes afternoon tea or \$15 Thursday and Friday workshops.
To attend this workshop, contact:
Helen Lindqvist on 8552 7982, 0407 978 613;
bhlindqvist@bigpond.com

Songfest

Saturday 16 July 2 pm

Newland Memorial Uniting Church
28 Victoria St, Victor Harbor

Michael will be joined by the Angklung Orchestra from Adelaide and we will all add to the singing.
Entry by donation
More information from Rev Alison Whish on 8552 7306 or email roy@uniting.com.au

Morning worship

Sunday 17 July 9.30 am

Newland Memorial Uniting Church
28 Victoria St, Victor Harbor

Michael and the orchestra will also assist our worship. Morning tea after the service will give opportunity to meet Michael and the orchestra members.



Music and Worship: Thought-filled Practice

Monday July 18 – Thursday July 21

Explore the theology of worship and song including:

- choosing music
- the evolving theology expressed through song
- the future of music in the church
- what songs are being sung in Asia, the Pacific, Africa and all around the world and what is the movement of the Spirit
- and encouraging congregations to sing.

For credit through Uniting College, contact Sean Gilbert: sean.gilbert@flinders.edu.au. Scholarship assistance may be available.

For more information go to <http://cmla.org.au/courses.html#songwrite>

Concerts@Kent Town

Winter and Spring concert series

Wesley Church Kent Town

Corner Fullarton Road and Grenfell Street, Kent Town

Wednesday 20 July at 2 pm

Charlie Keso – Mezzo Soprano
Peter Kelsell – Organist

Wednesday 17 August at 2 pm

Hannah Lewis - Flautist
Gregory Crawford – Organist

Cost \$10 and includes afternoon tea
Tickets available at the door

Spring concerts will be advertised in future bulletins

Bridgewater Uniting Church Bush Dance

with Wild Matildas Bush Band

27 August 7.00 – 11.00 pm

Mylor Hall

Tickets \$20 adult \$5 under 18 years

BYO snacks/basket supper/wine/glasses

Bookings www.trybooking.com/LPMD



IMPACT: An Intensive in Congregational Worship

An opportunity for the whole community to learn from Michael, and consider and shape worship for your congregation

Sunday 24 July – Wednesday 27 July
7:00 – 9:00 pm

Burnside City Uniting Church
384 Portrush Rd, Tasmore

\$10pp per night, \$30pp for all 4 nights
\$100 for a group of four for all 4 nights
\$200 unlimited participation for a congregation

Sunday night – for everyone: What is worship? What is the flow? How do we glorify God?

Monday night – for Ministers and leaders of worship: Creative ideas for using music in worship, making the most of space for music in worship.

Tuesday night – for musicians, singers, choirs, bands: Connecting with the congregation, tips for leading music, songs that enliven faith.

Wednesday night – for the whole team: Analyse where your church is at, what is the future for worship in your congregation, where are you going and what tools will help you strengthen ministry in your context.

For more information and to book online go to: <http://cmla.org.au/courses.html#songwrite>

Encouraging each other in issues of social justice



The Wilks Oration 2016



Professor Gillian Triggs

President of the Australian Human Rights Commission

Revitalising Commitment to Human Rights

Friday 29 July

Effective Living Centre

26 King William Road, Wayville

7.00 pm start – doors open at 6.15 pm
with drinks and nibbles

Tickets: \$25 adult, \$20 concession,
\$15 Friends of ELC. Supper included

Bookings essential: book online at

<http://www.effectiveliving.org/events/wilks-oration-gillian-triggs/>